

HEALTH, WELL-BEING & COMMUNITY ENGAGEMENT TEAM



MoodMaster[®]

Is life losing its sparkle?
Our upbeat sessions to
physical and emotional well-being will help you to become
a MoodMaster



Starts: **Friday 19 January 2024**

Moat Farm Infant School

9:15am to 11:15am

To book a place please contact: Miss Skidmore

Places are limited

