



Moat Farm Infant and Nursery School

and Lavender Farm Nursery

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Safer Internet Day 2023

Dear families,

On 7th February we supported 'Safer Internet Day'. The theme of this year's celebrations is 'making space for conversations about children's life online'. So please see below a few tips and resources that you may find useful for today, and every day:

1. Start early - Ideally, start talking to your child about online safety as soon as they are accessing internet enabled devices - it's never too early! This will normalise such conversations as well as reinforce important messages.
2. Be open and interested - Ask your child to show and tell you what they do online. What apps, games and sites do they access? How do they use these e.g. do they speak/interact with others? Appreciate the opportunities and benefits, as well as help your child to understand any risks. This will create a positive and open climate so that your child is more likely to talk to you if something goes wrong. If you want to understand more about an app or game, then have a look here.
3. Make it regular- Create regular opportunities for conversation so that you keep up to date with your child's online activity. It doesn't matter how you do this, and it shouldn't be formal. Perhaps during a short car journey or on a walk. Or for younger children how about using a online themed story to provoke conversation e.g. Goldilocks or The Online Zoo?
4. Be a good role model - Remember that your child will see you using devices and so it's important that we try to practise what we preach! Consider using the Family Agreement as a great way of opening up a conversation about this.
5. Seek help - If during a conversation your child tells you something of concern, stay calm and reassure them. Speak to the school's Designated Safeguarding Lead (Mrs George) for advice or see here for other support.
6. Further Information
 - Our School Online Safety Policy which can be found here
 - ParentSafe – (parentsafe.lgfl.net) for more resources and information about key online safety topics, sex and relationships, parental controls and good quality screen time.
 - Internet Matters parental control guides - <https://www.internetmatters.org/parental-controls/>
 - Safer Internet Day parent resources – <https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

COLLABORATION RESPECT CREATIVITY PERSEVERANCE CARING REFLECTIVENESS

