



# Moat Farm Infant and Nursery School

and Lavender Farm Nursery

Headteacher: Mrs. D. Walker

Lavender Farm Nursery Manager: Mrs S. Stevens



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Monday 10<sup>th</sup> January 2022

Dear Parents,

With the continued disruption in schools across the country due to the pandemic, there has never been a more important time to mark Children's Mental Health Week.

Children's Mental Health Week is run by 'Place2be' which is a children's mental health charity focusing on the importance of looking after our emotional wellbeing from an early age. This year's theme is '**Growing Together**'

For Children's Mental Health Week, we are asking the children to 'Dress to Express'.

The idea is simple - on Friday 11<sup>th</sup> February we would ask you to come to school wearing a colourful outfit to express yourself.

Children will also be taking part in other mental well-being activities throughout the week.

Thank you for your continued support

Yours sincerely,

Mrs D. Walker  
Headteacher

