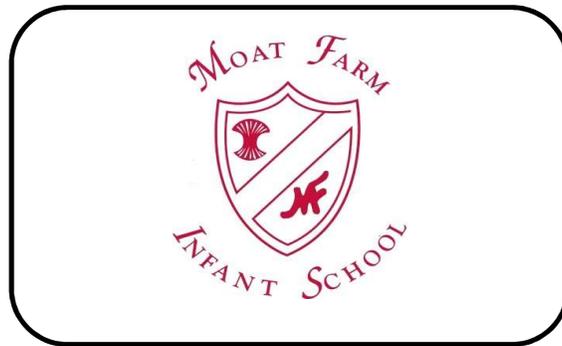


Moat Farm Infant and Nursery School



Relationships and Sex Education (RSE) Policy

Statement of intent

Moat Farm Infants believes that a strong PSHE/RSE education is important to help our pupils develop into well-rounded members of society, who are able to make a positive contribution to their community. At Moat Farm Infants our RSE education forms part of our PSHE curriculum, which is mainly taught through our Jigsaw PSHE approach. Our teaching is strongly tied to our school values and is the core of everything we do. They underpin our teaching and learning and provide our children with an environment they feel comfortable in.

Moat Farm Infants is a nurturing school which is based upon six clear principles;

- We promote collaborative working, fostering a strong school identity
- We welcome diversity to prepare our children to shape inclusive communities for the future
- We encourage children to take responsibility for their own learning and development and promote perseverance
- We promote positive decision making and enterprise
- We build strong foundations for trusting friendships and respect for ourselves and others
- We embrace change and celebrate achievement in all areas, including the arts.

Parents and carers will be informed about the policy via the school website where it will be available to read and download. Where appropriate parents may be informed by letter about any RSE learning about to take place (KS1 children).

This policy will be used alongside our (PSHE policy) in order to ensure a comprehensive RSE education.

Signed by:

Headteacher: D.Walker

Date: November 2021

Review date: November 2022

Key roles and responsibilities

- The governing body has overall responsibility for the implementation of the schools RSE Policy.
- The governing body has overall responsibility for ensuring that the RSE Policy, as written, does not discriminate on any grounds, including but not limited to, ethnicity/national origin, culture, religion, gender, disability or sexual orientation.
- The governing body has overall responsibility for reviewing the RSE Policy annually.
- The headteacher has responsibility for handling complaints regarding this policy, as outlined in the school's Complaints Policy.
- The PSHE co-ordinator is responsible for liaising with other staff and professional agencies to devise a suitable scheme of work to ensure a comprehensive RSE education that achieves the aims laid out in this policy.
- As required by statutory guidance, the governing body and headteacher will consult with parents to ensure that the RSE policy reflects the needs of the wider school community.
- Moat Farm Infants will work with parents and carers throughout the year and will ensure that parents are routinely kept informed about RSE education in school.
- We will ensure that pupils are also involved in the creation of this policy through termly feedback and suggestion forms and/or class discussions.

Aims of the RSE curriculum

The aims of relationship and sex education (RSE) at our school are to:

- To promote the spiritual, moral, cultural, mental and physical development of our pupils.
- To develop pupils' communication skills and assertiveness so that they can make their own responsible and well informed decisions about their lives.
- To prepare pupils for the opportunities, responsibilities and experiences of later life
- To encourage pupils to value themselves and others
- To ensure pupils appreciate difference and diversity
- To develop the skills and understanding they need to live safe, confident, healthy and independent lives.
- To promote safety in forming and maintaining healthy relationships
- To provide pupils with a toolkit for understanding and managing their emotions
- To promote how to stay safe online
- To develop feelings of self-respect, confidence and empathy
- To teach pupils the correct vocabulary to describe themselves and their bodies

Statutory requirements

From September 2020 Relationship Education and Health Education is compulsory for all pupils receiving primary education. 'The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools.' (Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers)

At Moat Farm Infants we teach RSE as set out in this policy.

Relationships Education

Relationships Education in primary schools will cover 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', and 'Being safe'. The guidance states that by the end of Key Stage 2 all children should know: 'how to report concerns or abuse, and the vocabulary and confidence needed to do so' and should promote equal, safe and enjoyable relationships and be taught in a way which fosters LGBT and gender equality, in line with the Equalities Act 2010.

Sex Education

The DfE recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. Schools are to determine the content of sex education at primary school. By the end of Key Stage 2 sex education 'should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born'

Health Education

Health Education includes an understanding of how to maintain good physical health and mental wellbeing. Pupils should be taught about the benefits and importance of daily exercise, good nutrition and sufficient sleep, and give pupils the language and knowledge to understand the normal range of emotions that everyone experiences. This should enable pupils to articulate how they are feeling, develop the language to talk about their bodies, health and emotions and judge whether what they are feeling and how they are behaving is appropriate and proportionate for the situations that they experience.

Relationships Education, Health Education, science and sex education work together to protect children by ensuring they have knowledge of their bodies, the human life-cycle, emotions, acceptable behaviour and right and wrong. Effective RSE can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables children and young people to make responsible and informed decisions about their health and well-being.

Definition

'Relationship and Sex Education' (RSE) is lifelong learning process of acquiring information, developing skills and forming positive beliefs and attitudes about sex, sexuality, relationships and feelings' (Sex Education Forum, 1999).

Effective RSE can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables children and young people to make responsible and informed decisions about their health and well-being.

RSE makes an important contribution to health and well-being by supporting children and young people's ability to learn, achieve and flourish.

Delivery of RSE

At Moat Farm Infants RSE is mainly taught through our scheme of work 'Jigsaw PSHE'. During the Summer 1 a whole school 'Speak Out Stay Safe' assembly will be held by NSPCC (this may be delivered by PSHE Co-Ordinator) to link the relationships Jigsaw piece taught that term.

How is RSE taught?

RSE forms part of Jigsaw puzzle piece 6 taught in the Summer term as part of 'Changing Me.'

We believe that, to be effective, RSE should always be taught within a broader PSHE education programme. RSE enhances and is enhanced by learning related to topics including anti-bullying; keeping safe on and off line; keeping physically and mentally healthy, learning about drugs, alcohol and tobacco; and the development of skills and attributes such as communication skills, managing peer pressure, resilience and decision making.

Learning in RSE and PSHE will be linked to the curriculum in relevant subjects, such as the Science, Computing, Citizenship and Religious Education and through special assemblies such as NNSPCC Talk PANTS resources.

Values and attitudes

At Moat Farm Infant School RSE promotes the core values of respect, love and care. It also provides the opportunity for our children to reflect on their own attitudes and beliefs and those of their peers and others.

Organisation

RSE is taught in every year in our school as it helps our children to learn progressively as they mature and revisit the subject on a regular basis, this reinforces learning and provides opportunities to ask further questions.

From Nursery to Year 2 children will discuss and be taught the differences between boys and girls, name body parts, where babies come from, about friends and family, what areas of the body are private and should not be touched and who they can talk to if they are worried, feel uncomfortable or unsafe and can report abuse and get help if needed.

In addition to timetabled RSE lessons we provide enrichment opportunities such as theatre and musical performances.

Answering Difficult Questions and Sensitive Issues

Staff members are aware that views around RSE issues are varied. However, while personal views are respected, all RSE Education issues are taught without bias using Jigsaw. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect that others have the right to a different opinion.

Both formal and informal RSE arising from pupils' questions are answered according to the age and maturity of the pupil(s) concerned. Questions do not have to be answered directly, and can be addressed individually later. The school believes that individual teachers must use their skill and discretion in this area and refer to the Child Protection Coordinator if they are concerned.

Our school believes that RSE should meet the needs of all pupils, answer appropriate questions and offer support. In Jigsaw Pieces that cover RSE provision, this should be regardless of their developing sexuality and be able to deal honestly and sensitively with sexual orientation, answer appropriate questions and offer support. Homophobic bullying is dealt with strongly yet sensitively. The school liaises with parents/carers on this issue to reassure them of the content and context.

Parents' Involvement

Moat farm Infant School works in partnership with parents and carers, informing them about what their children will be learning and about how they can contribute at home. The DfE guidance states that all schools must have in place a written policy for Relationships Education and RSE. Schools must consult parents in developing and reviewing their policy. Schools should ensure that the policy meets the needs of pupils and parents and reflects the community they serve. It should be freely available and be published on the school's website.

Opting out

Parents should be informed about their right to opt out of RSE lessons. The Head teacher will automatically grant a request to withdraw a pupil from any sex education delivered in primary schools, other than as part of the science curriculum.

There is no right to withdraw from Relationships Education or Health Education this means no right to withdraw from the teaching expectations.

In Key Stage One our PSHE and RSE education will only include the statutory science curriculum, Relationships and Health Education.

Parents and Carers will be informed by the headteacher before any RSE education is due to take place so that they are able to make decisions on their child's participation.

Training

Staff receive training on the delivery of RSE education and it is included in continuing professional development. All staff have the opportunity to discuss RSE teaching with the headteacher or PSHE co-ordinator to ensure it is taught accurately.

Monitoring

The delivery of RSE is monitored by Mrs D Walker (Headteacher) and Hollie Thomas (PSHE Co-ordinator) through planning scrutinies and learning walks. Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

Links with other policies

RSE has clear links and should be read with other school policies aimed at promoting pupils' spiritual, moral, social and cultural development, including

Anti-Bullying Policy

PSHE policy

- Behaviour Policy
- Confidentiality Policy
- Drugs Education Policy
- Equality Policy
- Health, Safety and Welfare Policy
- Computing Policy and Safe Internet Use Policy
- RE Policy • Safeguarding/Child Protection Policy
- Healthy Eating Policy
- Special Educational Needs Policy

The role of the Head Teacher

It is the responsibility of the Head Teacher

- To ensure that staff and parents are informed about the RSE policy, and that the policy is implemented effectively.
- To ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.
- To liaise with external agencies regarding the school RSE programme and ensures that all adults who work with children on these issues are aware of the school policy, and that they work within this framework.
- To monitor this policy on a regular basis and report to governors, when requested, on the effectiveness of the policy.

Policy written by: Mrs Caroline Cadman (PSHE co-ordinator)

Checked by Governing Body: December 2021

Completed: November 2021

Review date: November 2022